

RWC Gazette



Happy New Year!

President's Message

Once again we have come to the beginning of another year, one where we will be asked to challenge our drive, our determination and our good will. For those of you who sold tickets and worked at the Home Tour, my congratulations on a job well done. **You were victorious!!**

We now have a chance to start anew, to try to break some old habits and look at the year to come with love and understanding. A New Year's resolution perhaps? Will it be health, wealth,

beauty or something that will be ridiculous to achieve. Remember that the decision is yours and yours alone, and if you share it there will always be someone watching your progress!!!!



I hope this will be the start of a wonderful year for you and that you will hold those you love close to your heart and that you will

JANUARY, 2011

pray for the peace we all want for our world.



Yesterday is history, today is a gift. Tomorrow, a surprising mystery.

Member of
GFWC & CFWC
Orange District 22

Celebrating
50 Years



RWC President
Dodie O'Keeffe

President's Theme
*Every day is a gift,
Embrace it!*
-Sandy Howe

Board Meeting
Tuesday, January 4th
2:00 pm at
Rossmoor Library

Mission Statement—

The Rossmoor Woman's Club supports our community through volunteer service, fundraising for scholarships to our local schools, and contributions to local charities while promoting the spirit of friendship among our members.

Gazette Editor:
Denise Laube
dlaube@socal.rr.com



Hospitality

Edette Price, Chair

RWC GENERAL MEETING

Wednesday, January 12th

10:45 AM

Cost: \$23.00 (Checks only)

Old Ranch Country Club

3901 Lampson Avenue

Seal Beach, CA

Reservation deadline is noon the Friday before the meeting

Directions: From Rossmoor, take Seal Beach Blvd. to Lampson. Turn left on Lampson. Go down Lampson to Basswood; turn left on Basswood into Old Ranch Country Club.



Standing Rule #20 in the Redbook states: Attendance at a General Meeting, including Reservations without a valid cancellation, requires full payment of a meal fee.



Registrar

Beverly Hunter and Jessica Webber

You must make your reservation each month by 12:00 Noon on the Friday prior to the meeting.

For reservations, please call Bev Hunter or Jessica Webber between 9AM-9PM only. If no one answers, leave your name and the number of reservations on the answering machine.

Reservations/Cancellations

Beverly Hunter
(562) 431-6217

or

Jessica Webber
(562) 597-9831

No Standing Reservations
No accommodations can be made after the above stated deadline.

If you are a vegetarian, you may order either a large salad or a plate of vegetables instead of the regular luncheon.

In order to accomplish this, you must inform the registrar at the time you make your reservation.



Special Message Concerning Reservations

By Beverly Hunter

We have all heard "A Reservation Made is a Reservation Paid", made necessary because RWC must pay for the count called in, whether that number of meals are served or not. That would not apply if you cancel before the Friday noon deadline.

But if something unexpected causes a later cancellation, please notify the Registrar as soon as possible. If we have members whose reservations are not received in time to be included, they are put on a waiting list.

Not only would they be glad to take your place, but happily, you would not be obligated to pay for the meal.



Programs

Yolanda Vargas, Chair & Linda Kirkpatrick Co-Chair

Presenting Tony Odell Rogers Entertainer

Tony was a favorite of our club when he performed at our February luncheon last year. Well, he is back and we will be entertained by his wonderful music. Enjoy!!!



Judy Fettig and Bev Rigney at Ayres Tea Room



Mary Sudding with beautiful gift baskets

Holiday Home Tour

By Pat Aldridge

The Holiday Home Tour was a great success due to the hard work of all of you. We made over \$28,000 which will really help the various agencies we support.

I especially want to thank the committee that worked so hard for many months – Sandy Tessier, Nina Millar, Anna Moore, Barbara Needham, Ann Poissot,

Sue Owen, Kathy Verdugo, Jo Close, Clara Smith, Linda Kirkpatrick, Helen McMillin, Manya Smith, Bev Rigney, and Cindy Woods.

I also want to thank Nel Millar for decorating the display case at the library. It looked beautiful.

Thanks again for all the hard work.



Vera Sample at HHT

Helping Marines, One Package at a Time

Kathy Verdugo

Thanks to everyone who brought personal hygiene items, magazines, books, Christmas cards, candy and laundry detergent to the December General Meeting. Marlene will be busy sending out packages in January! I love to see the smiles on their faces knowing how much we care about them. What a joy to be a part of this!

If you want to provide financial support, please make your check payable to Marlene Blaue. Mail it to her home at 12202 Wutzke St., Garden Grove, CA 92845-1851. Again, note your contribution on your pink form.

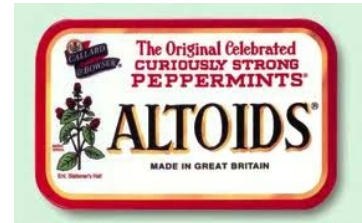
Marine's List of Things They Want or Need

Thermos, DVD movies (especially scary or funny ones), Lysol or Febreze spray, books (hardback or soft cover), black or white socks, sunflower seeds, Twizzlers,

cookies (Oreos, Famous Amos, M&M, chocolate chip), coffee mugs, coffee, Creamora, sugar, tea, tuna, coffee candies, cocoa, foot powder, baby powder, body powder, foot spray, board games, magazines (sports, cars, People, Time, Newsweek for men, women's magazines for the ladies, crossword or word find puzzle books, jigsaw puzzles, Texas Hold'em Poker sets, cards, dominoes, dice, old Beanie Babies (for the local children), disposable cameras, Skittles, Starburst, Pop Tarts, cheese crackers, any crackers, fruit cups, pudding cups, Macaroni and Cheese, Chef Boyardee foods, canned food that can be put in a microwave, toothbrushes, toothpaste,



razors, shaving cream, little hotel size anything, dental floss, wipes, hand sanitizer, eye drops, shampoo, conditioner, lotion, soap, body wash, loulou, gum, trail mix, nuts, lip balm, sun screen, M&M candy, cinnamon candy, Dentyne or any gum, Altoids, sweet and sour candy,



(everything there tastes like sand, dessert and camels), mouthwash, dried fruit, hot sauce for their food, writing pens, paper or pads, or greeting cards they can send home to their families.

The smaller items they can carry with them – the larger bottle of things they can share!



2010 Holiday Home Tour pictures

CFWC FEDERATION

Kathy Verdugo, Dean

The Orange District Council Meeting November 12, 2011 included a presentation by the South Coast Children's Society which helps children and their families in crisis. We have been asked to bring toys and games to the January District Council Meeting for use in their group homes. If you would like to donate any items, please bring them to our January General Meeting.

The next Orange District Meeting will be held January 14, 2011. The deadline is January 7, 2011. We will be returning to the former Turnip Rose which is now called The City Club at 300 S. Flower St. in Orange. All clubs are encouraged to bring as many members as possible since one hundred people must attend to guarantee the price. This is a lovely facility and excellent food. I hope you will consider attending.

The trip to San Manuel Casino will be Thursday, January 27, 2011. The cost is \$20. The bus departs at 8:00 a.m. from the Women's Civic Club in Garden Grove. The bus will leave the casino at 3:00 p.m. for the return trip. The casino is providing a \$10.00 voucher toward lunch or slot play. Reservation deadline is January 14, 2011. Let me know if you would like to attend.

The Showcase of Art will be held February 25, 2011 at the Yorba Linda Community Center. The theme is "Picnic of Art." Pre-registration (\$3) and lunch reservations (\$10) must be turned in at the January 14, 2011 District Meeting to receive tickets. If you are interested in participating and/or lunch let me know by the January General Meeting. Entry forms are due by February 4, 2011. An Entry Fee of \$1.00 per entry

must be sent with the form. The items must be delivered to the Yorba Linda Community Center on Thursday, February 24, 2011 between 1:00 – 3:00 p.m. The only exception is the writing contest. The entry deadline is January 14, 2010. If you are interested, let me know.

Mark your calendars for the 55th Orange District Annual Convention to be held April 2, 2011 at the Doubletree Hotel in Orange. Attendance fee including lunch is \$45.00. There will be a pre-convention dinner (\$25.00) followed by an enjoyable evening of friendship, fun and dessert in the President's Suite. There will be entertainment and vendors. Deadline is January 14, 2011. We are encouraged to spend the night on Friday, April 1, 2011. If you are interested, I can provide room rates and reservation deadline information.



Janet Waggoner with record-breaking raffle ticket seller, Clara Maxwell



Kathy Verdugo with her "dancing/singing" "Santa hat"

Treasurer

Ann Poissot

November 2010

Farmers & Merchants Ck bk Bal.,	
10/31/2010	\$14,468.15
Receipts	8,933.50
Disbursements	<u>-2,884.70</u>
Ending Reconciled Balance,	
11/30/2010	\$20,516.95

Net Worth—As of 11/30/2010

ASSETS

Cash and Bank Accounts	
F/M Checking	\$20,516.95
Chase Scholarship	
Trust Checking	107.00
F/M Cert of Deposit	5,269.95
Chase Cert of Deposit	<u>11,145.35</u>
Total Cash &	
Bank Accounts	\$37,039.25

TOTAL ASSETS &
NETWORTH **\$37,039.25**



Membership

Beverly Rigney, Chair

What a great and energetic meeting we had in December! I so enjoy all of the wonderful women who are part of the Rossmoor "sisterhood".

We are fortunate to add another member to the Club. Judy Fettig was installed at our December meeting. She lives in Cypress and loves gardening, cooking, home decorating and golf. She was so gracious to lend a hand in the Tea Room at our Holiday Home Tour and has expressed an interest in our Singles Again and Bunco sections.

Please welcome her to our Club.
Here is her information:

Judy Fettig
6475 Saipan Street
Cypress, Ca. 90630
Home 714-894-4154
Cell 714-306-0469
Birthday January 18
email: jufett@ca.rr.com



Beverly, new member Judy, and Dodie

Single Again

Joyce Anderson

Date: Tuesday, Jan 25th

Time: 5:30 PM

Place: Maderas

3642 Katella Ave

Los Alamitos

562-598-0401



Please call Joyce by Friday, Jan 21st if you are planning to attend.

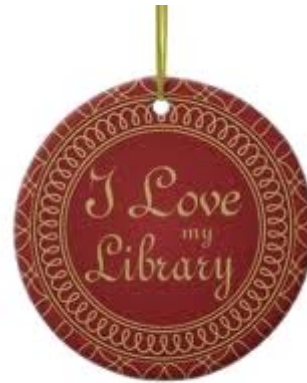


Friends of the Library

Jean Friedrichs

The Los Alamitos-Rossmoor Library will hold a Giant Outdoor Book Sale in the Library Parking Lot on January 21 and 22 (Friday and Saturday) from 9:00 a.m. to 4:00 p.m. We are hoping for good weather as we have many, many donations from the Holiday Season and our November Sale which got partially rained out.

Jean Friedrichs will be the new Membership Chairman for the Friends. Our dues are only \$10.00 per year. Members get newsletters and invitations to all our events. Anyone can join. You don't have to live locally.



Home & Garden

Donna Kelly, Chair & Emily Knell, Co-Chair

We had a wonderful time at the Thai Issan Restaurant in Cerritos. The food was great and we even saw their herb garden, which is just beyond the front doors. We learned how to make Yellow Chicken Curry, Tom Kha Kai Soup, Pad Thai and learned that fish sauce is actually just a type of salt seasoning.

certificate for our Holiday Home Tour basket.

Mark your calendars for January 5th at 1:00 pm, we will be viewing a movie from the Gardens of the World collection we gave to the library, at Jan Reish's lovely home at 3092 Blume Dr., in Rossmoor.

In February we will go out to lunch at Delightful Crepes in Long Beach, owned by the same lady who owns Thai Issan.

More to come in the next newsletter.

A big thanks to Janet Wagoner for making this possible. Also, a thank you to Barbara Cherno for asking for a \$25.00 gift

Refreshments will be served. Please call Donna Kelly at 714-893-2092 for reservations.



Potpourri

Clara Maxwell & Bobbi Parkes, Potpourri Chairs

Take it Easy

No standing reservations!

Date: Thursday, January 27th
Time: 11:30 am
Where: Maderas
3642 Katella Ave
Los Alamitos

Cost: \$5.00 to \$15.00
May order from menu and will have individual checks.

To make reservations, call Paula Poyer at (562) 598-2682 before 8:00 pm on Sunday, January 23rd.

“Appetizers are the little things you eat until you lose your appetite”



Orange County Deaf Advocacy

Nita Woolston

Please save the “Campbell Brand Soup and Swanson products” containing the UPC and Labels for Education logo (see example to right). Please bring these

labels to the monthly RWC General Meeting. I will be collecting them for the Orange County Deaf Advocacy.

Thank you!

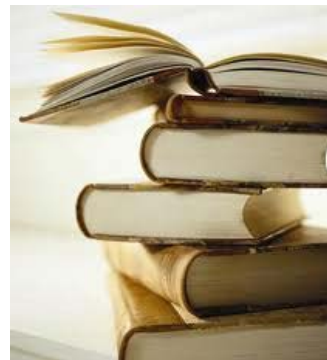


Book Lovers

Dodie O’Keeffe, Chair

Date: Thursday, Jan 20th
Time: 10:30 AM
Hostess: Jean Friedrichs
Where: 2912 Walker Lee

PLEASE CALL IF YOU PLAN TO ATTEND





Birthday Girls

January Birthdays



December birthday girls at December meeting with Shelly and Dodie

Linda Kirkpatrick	Jan 1
Ruth Kirkaldy	Jan 7
Carol Lauritsen	Jan 7
Patricia Moore	Jan 17
Judy Fettig	Jan 18
Lillian Nibblett	Jan 22
Janet Wagoner	Jan 24
Ann Poissot	Jan 25
Melissa Keye	Jan 27
Louise Newald	Jan 27
Mary Suding	Jan 28
Beverly Hunter	Jan 29

Flower: Snowdrop



Birthstone: Garnet



Bunco I

Anna Moore, Chair

Date: Wednesday, Jan 19th

Time: 1:00 PM

Hostess: Janet Wagoner

Where: 12111 Silver Fox Rd

get one—also please be on time.

If you need a substitute, please



Bunco II

Carol Lauitsen, Chair & Joyce Anderson Co-Chair

Date: Tuesday, Jan 18th

Time: 1:00 PM

Hostess: Dodie O'Keeffe

Where: 11692 Harrisburg Rd

Please be on time. Remember, if you need a substitute, please get one and contact the Hostess with your replacement's name.



Inspiration

Janet Wagoner, Chair

Law of the Garbage Truck

One day I hopped in a taxi and we took off for the airport.
 We were driving in the right lane when suddenly a
 black car jumped out of a parking space right in front of us.
 My taxi driver slammed on his brakes, skidded,
 and missed the other car by just inches
 The driver of the other car whipped his head around and
 started yelling at us.



My taxi driver just smiled and waved at the guy.
 And I mean, he was really friendly.
 So I asked 'Why did you just do that?
 This guy almost ruined your car and sent us to the hospital!'
 This is when my taxi driver taught me what I now call,

'The Law of the Garbage Truck.'

He explained that many people are like garbage trucks.
 They run around full of garbage full of frustration,
 full of anger, and full of disappointment.
 As their garbage piles up, they need a place to dump it and
 sometimes they'll dump it on you. Don't take it personally.



Just smile, wave, wish them well, and move on.
 Don't take their garbage and spread
 it to other people at work, at home, or on the streets.

The bottom line is that successful people do
 not let garbage trucks take over their day.
 Life's too short to wake up in the morning with regrets,
so ... Love the people who treat you right.
Pray for the ones who don't.

Life is ten percent what you make it and ninety percent how you take it!

Have a garbage-free day

"Faith is not believing God can, it is knowing that God will."



Amenities

Clara Maxwell, Chair

Julie Tackney is feeling much better. She was at the Ayres Hotel selling Home Tour Tickets. She is in great spirits.

Nadine Foote is now home re-cooperating from her hip fracture. She tells me that this is a slow healing process and feels so confined.

Joyce Anderson has three more weeks of wearing a brace on her foot. She feels like it will take forever to get well.

Yvette Razouk is home re-cooperating from hip surgery. The bone has not healed yet, and she has strict orders from the doctor not to put weight on her foot.

Lavern Larkin a past RWC member's husband passed away. Here is her address if you wish to send a sympathy card: 39929 Candy Apple Way, Murrieta, CA 92562.

All these ladies would appreciate a call or card. Call me at (562) 431-7804 to let me

know of anyone being ill or passing away, becoming a grandmother or great grandmother or any other news you feel belongs to Amenities.

I wish everyone good health, happiness and plenty of laughter.



Conservation

Vera Sample

Now is the Time to Check Your Furnace

To help promote the safe and efficient operation of your furnace:

- Schedule an annual inspection of your furnace with a licensed, qualified professional or The Gas Company.
- Never store anything near your furnace that might interfere with normal appliance airflow.
- Clean inside the burner compartment of built-in, vented wall furnaces once a month during the heating season to prevent lint build-up.

● Never store or use flammable products in the same room or near any gas or heat-producing appliances. Flammable products include gasoline, spray paints, solvents, insecticides, adhesives, foggers, varnish, cleaning products and other pressurized containers.

● Central forced air furnace filters should be checked monthly for lint buildup during periods of furnace use and cleaned or replaced if necessary.

● Make sure central forced air furnace filter access panels are securely in place. If not properly secured, you

may risk carbon monoxide poisoning.

● Avoid the risk of carbon monoxide poisoning by checking the flame's appearance. If you notice a yellow, large and unsteady gas appliance burner flame (with the exception of decorative gas log appliances), be sure to immediately contact a licensed, qualified professional or The Gas Company to have the appliance inspected/



Domestic Violence

Alice Marie DeLeon, Chair

I found this Cycle of Violence on the Internet and thought I would add some comments. Quite often the abuser convinces the victim that she or he is the one at fault, i.e., "you make me do this". Since most abuse is tolerated because of low self-esteem, it's fairly easy to convince the victim that this is so. Can you believe that late in my marriage, I said to myself, "Well, things are getting better, he only hits me once every 3 months or so". How sad that I thought so little of myself. And then he left me for another woman!! How lucky am I? When she called years later to ask my forgiveness for the affair, I said, "Forgive you? I thank you profusely!!" She said, "I thought you would say that!" He, of course, had left her for another woman. And guess what? We shared stories and he was abusive to her as well.

Cycle of Violence

Incident

- Any type of abuse occurs (physical/sexual/emotional)

Tension Building

- Abuser starts to get angry
- Abuse may begin
- There is a breakdown of

communication

- Victim feels the need to keep the abuser calm
- Tension becomes too much
- Victim feels like they are 'walking on egg shells'

Making-Up

- Abuser may apologize for abuse
- Abuser may promise it will never happen again
- Abuser may blame the victim for causing the abuse
- Abuser may deny abuse took place or say it was not as bad as the victim claims

Calm

- Abuser acts like the abuse never happened
- Physical abuse may not be taking place
- Promises made during 'making-up' may be met
- Victim may hope that the abuse is over
- Abuser may give gifts to victim

The cycle can happen hundreds of times in an abusive relationship. Each stage lasts a different amount of time in a relationship. The



total cycle can take anywhere from a few hours to a year or more to complete.

It is important to remember that not all domestic violence relationships fit the cycle. Often, as time goes on, the 'making-up' and 'calm' stages disappear.

Adapted from the original concept of: Walker, Lenore. The Battered Woman. New York: Harper and Row, 1979.

Alamitos West

Carol Lauritsen, Chair



Special Birthday Celebrations Procedures

1. RWC volunteer member is to contact Charlene (Director of Activities) at the Alamitos West facility (562) 596-5561.
2. Order 1/2 sheet cake from Costco or Vons (try to spend less than \$20).
3. Attach this receipt to an RWC Reimbursement

4. Form and give to our Treasurer, Ann Poissot. She will issue you a check.
4. Take the birthday cake to the Alamitos West facility at 1:00 PM the **LAST FRIDAY OF THE MONTH.**
5. If possible, visit with the birthday people.

We need volunteers for this worthwhile endeavor. Please

contact Carol Lauritsen if you can help.

Scheduled Volunteers

January	Nel Miller
February	Georglyn Seligman & Nita Woolston
March	Esther Yellam



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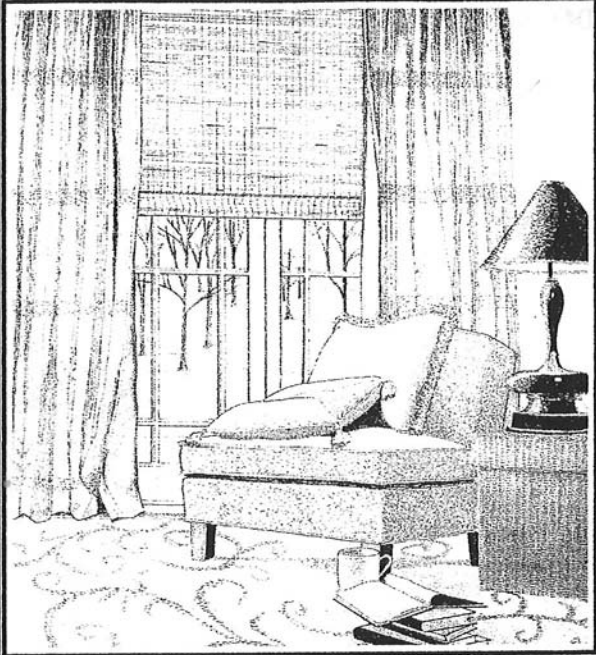
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Value Dated Material
Do Not Delay Delivery

January 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Board Meeting	5 Home & Garden	6	7	8
9	10	11	12 General Mtg.	13	14	15
16	17	18 Bunco II	19 Bunco I	20 Book Lovers	21 Library Sale	22 Library Sale
23	24	25 Single Again	26	27 Pot-pourri	28 Alami-tos West	29
30	31					

A Reservation Made is a Reservation Paid